

INDIANA RESOURCES



First Steps (Early Intervention)

First Steps is Indiana's early intervention program that provides services to infants and toddlers from **birth to third birthday** who have developmental delays or disabilities. First Steps brings families together with a local network of professionals from education, health and social service agencies.

- Families can request referral from pediatrician or any specialists at CCHMC.
- Families can contact First Steps on their own, please visit this website to locate the phone number for your area: <https://www.in.gov/fssa/ddrs/4819.htm>



Indiana Children's Special Health Care Services

For Special Children...

Indiana Children's Special Health Care Services (CSHCS) provides supplemental medical coverage to help families of children who have serious, chronic medical conditions, age birth to 21 years of age, who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Financial Eligibility

A family with an income, before taxes, no greater than 250% of the federal poverty level may be eligible for the program. The financial level changes every year. For example, in 2015, a family of four could qualify with a gross income of up to \$60,625.

Medical Eligibility

Children's Special Health Care Services (CSHCS) is a program to help Indiana children with severe chronic medical conditions which:

- Have lasted (or are expected to last) at least two years;
 - Will produce disability, disfigurement, or limits the child's ability to function;
 - Requires special diet or devices; or
 - Without treatment would produce a chronic disabling physical condition.
- Some of the physical conditions which may qualify a child for services from CSHCS include:

- Apnea
- Arthritis
- Asthma-Severe, 2 medications daily
- Autism
- Cerebral Palsy
- Chronic Anemia (e.g. Sickle Cell)
- Chromosomal Disorders
- Chronic Pulmonary Disease
- Cleft Lip and/or Palate
- Congenital or Acquired Developmental Deformities

- Congenital Heart Disease or Arrhythmias
- Cystic Fibrosis (life time medical eligibility)
- Endocrine Deficiencies (e.g. Diabetics)
- Hydrocephalus
- Inflammatory Bowel Disease
- Inborn Errors of Metabolism (e.g. PKU)
- Myelodysplasia or Spinal cord Dysfunction (e.g. Spina Bifida)
- Neuromuscular Dysfunction
- Oncologic Disorders (e.g. Cancer)
- Profound Bilateral Hearing Loss
- Renal Disease
- Seizure Disorder
- Severe Hemophilia

What services are available?

For eligible applicants, services may include:

- Diagnostic evaluations
- Comprehensive well child and sick child care
- Specialty care and other services related to the eligible medical conditions
- Immunizations
- Prescription drugs
- Routine dental care
- Community referrals and information

How Do You Apply?

You can print a copy [here](#) or you may contact your local county [Division of Family Resources, First Steps Agency, or Riley Hospital](#).

To complete the application, you'll need these documents:

- Your child's birth certificate
- Proof of residence (rent or property payment receipt, voter's registration, driver's license, last year's federal income tax return, or city directory listing)
- Health insurance information
- Proof for all household members income (three consecutive current paycheck stubs or recent federal income tax forms)

Important items to remember:

- When requesting prior authorization, please make sure that the National Provider Identifier (NPI) number you give to the PA nurse is the same NPI number you will use when you submit a claim for payment. The NPI number that appears on the prior authorization must match the NPI number that is in the pay-to box (field) on the claim. If these numbers do not match, your claim may be denied.
- All primary insurance policies must be followed before CSHCS will consider payment.
- All insurance must be used first
- All equipment, supplies, therapy, hospitalizations, and emergency room visits must be directly related to the eligible medical condition and must be authorized.

- Medical and financial eligibility will be reevaluated annually.



Bureau of Developmental Disability Services (BDDS)

The Division of Disability and Rehabilitative Services (DDRS) Bureau of Developmental Disabilities Services (BDDS) provides services for individuals with developmental disabilities that enable them to live as independently as possible in their communities. BDDS assists individuals in receiving community supports and residential services using a person-centered plan to help determine which services are needed and who can best provide them. BDDS also monitors the quality of care and the facilities of those who are approved to provide these services in Indiana.

1. Caregiver Supports Services

The Caregiver Support services provides temporary assistance to families caring for eligible persons with intellectual and developmental disabilities who are residing with the family or legal guardian. Caregiver Supports are short-term relief period for the primary caregiver. These supports can be provided in the primary caregiver's and person's home or a non-private residential setting. Caregiver Support services are furnished on a short-term hourly basis. The service is designed to provide temporary relief of the primary caregiver to the greatest number of eligible families within the available funds.

How does someone apply for Caregiver Support Services?

Applications for Caregiver Support Services may be made online, by mail or in-person. To apply online, please click on the online application link below. To apply by mail or in-person please call or visit your local BDDS District office and request an application.

2. Waivers

***Waivers are federally and state funded Medicaid program to provide qualifying children and adults with disabilities support in the home and community rather than in an institutional setting.**

***ONLY child's income and assets are considered when determining Medicaid eligibility for a child under the age of 18 who is applying for a waiver.**

Family Support Waiver

Improving wait list for this waiver

Limit of \$16,545

Help with: Supported Employment, Community Habilitation, Respite, Behavioral Support, Therapies, Adult Day Services, and a Medicaid Card

Community Integration & Habilitation (CIH)

Funds are determined based on NEED

For emergency situations, no waiting list

Help with: Supported Employment, Community Habilitation, Respite, Behavioral Support, Therapies, Adult Day Services, and a Medicaid Card



***Family Voices of Indiana <http://www.fvindiana.org/> (1-844-323-4636) is available to help answer questions and complete the waiver application.

Educational Supports



IN*SOURCE 1-800-332-4433 <http://www.insource.org>

Provide families the information and training necessary to assure effective educational programs and appropriate services. Provides education and trainings for parents to better understand special education and can advocate for your child's needs.



Arc of Indiana 1-800-382-9100 www.arcind.org

The ARC of Indiana provides information to help advocate for your child's needs. They have helpful information on their website and a contact list to discuss your concerns.

About Special Kids (ASK) 1-800-964-4746

<http://www.aboutspecialkids.org/>

ASK is a "parent to parent" organization that works throughout the state of Indiana to answer questions and provide support, information and resources. ASK provides and coordinates trainings for families on education and other resources. There is a map by county that you can locate supports and resources in your area.



Indiana Protection and Advocacy

<http://www.in.gov/ipas/index.htm>



The mission is to protect and promote the rights of individuals with disabilities, through empowerment and advocacy. IN P&A has resources and links to sample letters requesting evaluation for special education and how to resolve disagreements with your school. IN P&A can become involved in disagreements with the school.

For services Indianapolis and south contact Dann Ward at 1-800-622-4845 ext. 460

Educational advocates

If you would like to obtain an educational advocate please contact Indiana Protection and Advocacy.